

STARTERS

Buff Flower 17 GF V

gluten free breaded cauliflower, house buffalo sauce, & blue cheese crumble

Goat Cheese Fritters 17 GF V

gf breaded goat cheese, house berry jam, & balsamic glaze

Guacamole 16 GF V VG

fresh made guacamole & yuca chips

Nachos 15 GF V

tortilla chips topped with melted queso, tomatillo salsa, pickled onions, black beans, jalapeños & vegan sour cream (contains nuts)
add pulled chicken 7 · steak 8 · shrimp 10 · tofu taco meat 5 · vegan cheese 3

Wings 16 GF

choose flavor: crispy original, apricot chili, or buffalo

Quesadilla 13 V

whole wheat tortilla, mexican cheese blend, & guacamole
add pulled chicken 7 · steak 8 · shrimp 10 · tofu taco meat 5 · vegan cheese 3

Mozzarella Bites 15 GF V

gf breaded mozzarella & marinara sauce

Calamari 20 GF

gf breaded calamari & hot peppers with chipotle sauce

Pulpo 26 GF

grilled octopus, olive oil, chilli crusted potatoes, arugula, guacamole, & chimichurri aioli

Burrata Spread 22

burrata, basil pesto, house berry jam, prosciutto, cherry tomatoes, berries, arugula, & balsamic glaze served with toasted baguette

Chipotle Maple Brussel Sprouts 15 GF

brussel sprouts, chipotle maple syrup, bacon bites, granny smith apples

RAW

Ceviche 19 GF

chilled shrimp, citrus, & guacamole with yuca chips

Ahi Tuna Tartare 22 GF

everything crusted ahi tuna*, & avocado, with yuca chips

Tuna Tacos 19 GF

three crispy wonton "shells" topped with ahi tuna*, cucumber, zucchini, wasabi mayo, & seaweed salad

Mahi Mahi Ceviche 22 GF

mahi mahi, mango pico de gallo, guacamole, citrus, & pickled onions with yuca chips

KIDS

Cheese Pizza 20 GF V

Chicken Finger & Fries 14

Cheese Quesadilla & Fries 13 V

Cheese Burger Sliders & Fries 14

SOUPS

Creamy Onion Soup 13 V

served with toasted baguette

Butternut Squash 13 V

served with toasted baguette

Tortilla Soup 12 GF V

avocado, pico de gallo, & cheese
add chicken 6

Tomato Soup 10 GF V VG

served with toasted baguette

SALADS

Jardín Salad 17 GF V

arugula, spinach, gf breaded goat cheese fritters, beets, berries, pecans, red quinoa, sweet potato, balsamic vinaigrette, & balsamic glaze

Mediterranean Salad 15 GF V

romaine, cherry tomatoes, cucumbers, red onion, bell peppers, pepperoncini, olives, feta, red wine vinaigrette, & greek dressing

Avo Taco Salad 15 GF V

romaine, kale, avocado, pico de gallo, tortilla chips, black beans, corn, red cabbage, & chipotle ranch

Asian Crunch Salad 15 V VG

kale, romaine, mango, red cabbage, carrots, radish, cucumber, sunflower seeds, pickled cabbage, edamame, sesame seeds, wonton crisps, asian sesame dressing, & scallion

Winter Salad 16 GF V VG

kale, baby spinach, red quinoa, corn, pistachio, avocado, cranberries, chipotle maple brussel sprouts, & honey mustard balsamic vinaigrette

Fruits & Roots Salad 16 GF V

spinach, arugula, beets, radishes, carrots, sweet potato, mixed berries, walnuts, goat cheese, pickled watermelon radish, raspberry vinaigrette, & balsamic

Add a Protein: Grilled Chicken 8 · Pulled Chicken 7

· Grass-fed Steak* 10 · Smoked Salmon (Lox) 8 ·

Grilled Shrimp 10 · Salmon Fillet 13 · Ahi Tuna* 9 ·

Tofu Taco Meat 5 · Baked Tofu 5 · Boiled Egg 1.5 · Falafel 5

PIZZAS

Served on cauliflower crust

Chipotle Chicken Pizza 24 GF

chipotle sauce, cheddar, mozzarella, chicken, black beans, spinach, radish, red onion, cherry tomatoes, & chipotle mayo

Avo Flat Pizza 23 GF V

basil pesto, goat cheese, arugula, cherry tomatoes, berries, avocado, pecans, & balsamic glaze

Burrata Pizza 23 GF

basil pesto, burrata, prosciutto, arugula, bell peppers, cherry tomatoes, & balsamic glaze

MAINS

PASTAS

Kale Pesto Pasta 28

grilled chicken, pesto, kale, penne, cherry tomatoes, shaved parmesan, mushrooms, & burrata

add shrimp 8

Coconut Chipotle Rigatoni 23 ^V

rigatoni, spicy coconut chipotle sauce, parmesan, ricotta & basil

add lobster 15 • chicken 6 • steak 10 • shrimp 10

BOWLS

Spicy Tuna Bowl 26 ^{GF}

everything crusted ahi tuna*, white rice, arugula, avocado, cucumber, scallions, micro greens, radish, sesame seeds, wasabi mayo, & chipotle mayo

Teriyaki Salmon Bowl 30

grilled teriyaki salmon, red quinoa, arugula, mango, grilled pineapple, pickled cabbage, cherry tomatoes, avocado, & sesame ginger dressing

Carne Asada Bowl 28 ^{GF}

grass-fed skirt steak*, white rice, black beans, pico de gallo, romaine, corn, & guacamole

also available with: tofu 24 • chicken 26 • shrimp 30

FISH

Mango-Passion Salmon 30 ^{GF}

grilled salmon, mango-passion purée, avocado, mango pico de gallo served with sweet plantain & white rice

Mahi al Limón 28

pan seared sea mahi mahi, garlic-lemon sauce, spinach, & capers served with asparagus, white rice, & yuca purée

Sweet & Spicy Glazed Salmon 30 ^{GF}

maple chipotle glazed salmon served with sautéed maple chipotle brussels sprouts, & sweet potatoe purée

MEAT & POULTRY

French Dip 30

slow roasted brisket, chimichuri mayo, sautéed onions, au jus, & swiss cheese on a toasted baguette served with truffle fries

Churrasco 46 ^{GF}

grass-fed 16oz. N.Y strip steak* served with chimichurri, yuca purée & asparagus

Bistec Frites 34 ^{GF}

grass-fed skirt steak* served with chimichurri & truffle parmesan potatoes

Teriyaki Chicken 26 ^{GF}

grilled free range chicken*, teriyaki sauce, teriyaki mixed vegetables, sesame seeds, grilled pineapple, & white rice

also available with: steak or shrimp 30 • baked tofu 24

Milanesa 28 ^{GF}

baked gf breaded free range chicken, topped with arugula salad, cherry tomatoes, cucumbers, red onion, & shaved parmesan served with french fries

PLANT-BASED SPECIAL

Island Curry Enchiladas 24 ^{GF V VG}

three corn tortillas stuffed with tofu, sweet potato, cauliflower, broccoli, & bell peppers topped with house curry sauce & vegan cheese, served with white rice & black beans

also available with: chicken 26 • shrimp 28

HANDHELDS

Includes choice of french fries, sweet potato fries +2, or house salad. Gluten free bun +3

Grass-fed Burger 20

8 oz. grass-fed beef*, caramelized onions, sharp cheddar, tomato, lettuce, & chipotle mayo on a brioche bun

Veggie Burger 18 ^{V VG}

house black bean, lentil, & quinoa burger, chipotle coleslaw, & bbq apricot chili glaze on a brioche bun

Chicken Pesto Sandwich 20

gluten-free fried chicken, pesto, goat cheese, avocado, & balsamic glaze on ciabatta bread

Grass-fed Steak Sandwich 23

grass-fed tri-trip steak*, arugula, avocado, chimichuri mayo, roasted bell peppers, house berry jam, & goat cheese on ciabatta bread

TACOS

Each order comes with three tacos and includes side of rice & beans or chips & salsa

Carne Asada Tacos 23 ^{GF}

grilled skirt steak*, sautéed onions, avocado, crispy yuca, arugula, & chipotle mayo

Jardín Tacos 19 ^{GF V VG}

roasted sweet potato, corn, jalapeños, crispy yuca, & chipotle maple

Mahi Mahi Tacos 22 ^{GF}

blackened mahi mahi, pickled cabbage, mango pico de gallo, & chipotle mayo

Coconut Shrimp Tacos 20 ^{GF}

gluten-free breaded coconut shrimp, mango, sriracha mayo, coconut crema, & cabbage

Baja Shrimp Tacos 20 ^{GF}

blackened grilled shrimp, mango pico de gallo, & avocado

Carnitas Tacos 20 ^{GF}

shredded pork, pickled onions, house salsa verde, & cotija cheese

Brisket Tacos 22 ^{GF}

slow roasted brisket, crispy hot peppers, bbq sauce, & pickled onions

SIDES

Chipotle Coleslaw 6 ^{GF V VG}

Sweet Plantains 7 ^{GF V VG}

White Rice 6 ^{GF V VG}

Black Beans 6 ^{GF V VG}

Asparagus 7 ^{GF V VG}

French Fries 6 ^{GF V VG}

Sweet Potato Fries 7 ^{GF V VG}

Truffle Potatoes or Fries 13 ^{GF V}

Mexican Corn 12 ^{GF V}

corn topped with chipotle mayo, cotija cheese, chili powder, lime

House Salad 8 ^{GF V}

arugula, berries, walnuts, cherry tomatoes, parmesan cheese & balsamic glaze

Kale Caesar 8 ^V

kale, romaine, parmesan, pecorino romano, croutons, cherry tomatoes, red onion & asiago caesar dressing